

# THE WINGROVE LUNCH

Monday-Saturday, 12pm-3pm

HOMEMADE SOUP OF THE DAY, toasted sourdough. *(gfo)* 8

VENISON PIE, tenderstem broccoli, garlic mash, red wine sauce. 18

CUMBERLAND SAUSAGES, creamed potato, green beans, parsnip crisps,  
red onion sauce. 16

LINE CAUGHT COD, battered in Long Man brewery beer, pea purée, triple cooked chips. 17

SOUTH DOWNS COTTAGE PIE topped with blue cheese mash, braised carrots. *(gf)* 17

TOASTED CLUB SANDWICH, chicken, bacon, lettuce, tomato, mayonnaise, triple cooked chips. *(gfo)* 15

SUSSEX HAM, fried hen's eggs, triple cooked chips. *(gf)* 14

## FRESHLY PREPARED SANDWICHES

*Served on your choice of white, brown or gluten free bread, with crisps & salad.*

Smoked salmon *(gfo)* 10 / Chicken salad *(gfo)* 10 / Ham & mustard *(gfo)* 9

Cheese & pickle *(gfo)* 9 / Egg mayonnaise & chive *(v)(gfo)* 9

Avocado, hummus & red onion *(v)(vg)(gfo)* 10

## CAKES & SCONES

SUSSEX CREAM TEA, freshly baked fruit & plain scone, Roddas clotted cream,  
strawberry jam. Served with your choice of tea. 9

SLICE OF CAKE, please ask for our daily selection of cakes. 3.75

## DESSERTS

WARM GINGER SPONGE, butterscotch sauce, clotted cream. *(v)* 8

CLASSIC CRÈME BRÛLÉE, raspberry curd, shortbread. *(v)(gfo)* 9

BLOOD ORANGE TREACLE TART, crème fraîche. *(v)* 9

BLACK FOREST TOFU CHEESECAKE, dark chocolate, cherry purée, chocolate soil,  
vanilla ice cream, almond tuile. *(v)(vg)(gfo)(nuts)* 9

A SELECTION OF SUSSEX CHEESES, seasonal chutney, biscuits. *(v)(gfo)* 11

BAILEYS AFFOGATO, a shot of Espresso, Baileys Irish cream poured over vanilla ice cream,  
a drizzle of honey. Served with honeycomb. *(v)(gf)* 8.5

*(v)* vegetarian *(vg)* vegan *(gf)* gluten free *(gfo)* gluten free option *(vgo)* vegan option

*(GFO & VGO can be adapted to  
GF & VG. Please ask for further details.)*

A 12.5% discretionary service charge will be added to the bill.